



Women's Classes

	Monday	Tuesday	Wednesday	Thursday	Friday
	Gym Close				
6.30pm	Women's KB 6.30-7.30pm		Women's KB 6.30-7.30pm		
7.30pm			Women's BJJ 7.30-8.30pm		
9.00pm	Gym Close				

	Saturday
9.00am	Women's KB 9.00-10.00am
10.00am	
11.30am	
	Gym Close